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### New Patient Information and Consent Form

Patient's name \_\_\_\_\_ M \_\_\_ F \_\_\_ Birth Date \_\_\_\_\_

Patient's address \_\_\_\_\_

\_\_\_\_\_

Email: \_\_\_\_\_

Telephones: home \_\_\_\_\_ work \_\_\_\_\_ cell \_\_\_\_\_

single \_\_\_ married \_\_\_ other \_\_\_ children \_\_\_\_\_

Occupation \_\_\_\_\_

Patient's employer or school

\_\_\_\_\_

Patient's Primary Care Physician (and/or Referring Physician)

\_\_\_\_\_

Emergency Contact Info:

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

Where did you hear about us/referred by?:

\_\_\_\_\_



## New Patient Health History

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

STATE CURRENT HEALTH CONCERN(S):

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

FOR YOUR MOST PRESSING HEALTH CONCERN, PLEASE DESCRIBE THE FOLLOWING:

Current Symptoms (be as descriptive as possible)

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What makes it better, what makes it worse?

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How did this condition start?

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What type of workup have you had (doctors seen, tests performed, etc.)?

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What treatments have you tried? How well have they worked?

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CURRENT MEDICINES, SUPPLEMENTS, HERBS (w/ dosage please):

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CURRENT MEDICAL CARE:

Primary Care Provider (name, practice name or location):

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Approximate date of last physical examination: \_\_\_\_\_ by whom? \_\_\_\_\_

Other health care professional(s) you are seeing and for what conditions: \_\_\_\_\_

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Would you like us to send a copy of your office visit note to your PCP or other providers? \_\_\_\_\_

ALLERGIES? (include reactions to medicines): \_\_\_\_\_

PAST MEDICAL HISTORY: Please list all major illnesses, injuries, traumas (including emotional), and surgeries w/ year

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**DIGESTIVE:**

\_\_\_ trouble swallowing \_\_\_ heartburn \_\_\_ poor appetite \_\_\_ nausea \_\_\_ vomiting (with blood?)  
\_\_\_ diarrhea \_\_\_ constipation \_\_\_ excess belching or passing gas \_\_\_ change in stool (with blood?)  
\_\_\_ hemorrhoids \_\_\_ rectal pain \_\_\_ jaundice \_\_\_ gallbladder pain

**URINARY:**

\_\_\_ burning with urination \_\_\_ frequent urination \_\_\_ change in urine stream (with blood?)  
\_\_\_ frequent urinary infection \_\_\_ lose urine if you cough or sneeze \_\_\_ kidney stones

**MUSCULOSKELETAL:**

\_\_\_ pain in muscles or joints \_\_\_ morning stiffness \_\_\_ backache \_\_\_ sciatica \_\_\_ low back pain \_\_\_ arthritis  
\_\_\_ gout \_\_\_ short leg \_\_\_ wear a shoe lift \_\_\_ scoliosis \_\_\_ muscle spasms

**NEUROLOGICAL:**

\_\_\_ blackouts \_\_\_ seizures \_\_\_ numbness or loss of sensation \_\_\_ tingling or "pins and needles"  
\_\_\_ tremors or other involuntary movements \_\_\_ weakness in arms or legs \_\_\_ trouble walking

**OTHER:**

\_\_\_ heat or cold intolerance \_\_\_ excessive sweating \_\_\_ excessive thirst or hunger \_\_\_ excessive urination  
\_\_\_ nervousness \_\_\_ tension \_\_\_ depression \_\_\_ difficulty with memory \_\_\_ skin changes / rash

**MALE PATIENTS:**

\_\_\_ urinary stream slower, smaller or split \_\_\_ lumps or pain in testicles \_\_\_ erection problems \_\_\_ sores

**FEMALE PATIENTS:**

\_\_\_ breast tenderness or pain \_\_\_ breast lumps \_\_\_ nipple discharge \_\_\_ hot flashes  
\_\_\_ change in menstrual cycle, bleeding or pain \_\_\_ vaginal sores or discharge \_\_\_ painful intercourse

Age your periods began: \_\_\_\_\_ Number of days period lasts: \_\_\_\_\_ Date of last period \_\_\_\_\_

Number of pregnancies \_\_\_\_\_ Number of deliveries \_\_\_\_\_ Age at menopause: \_\_\_\_\_

Birth control method: \_\_\_\_\_ ;



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LIFESTYLE:

How many hours of sleep do you get a night? \_\_\_\_\_

How many cups or glasses do you drink per day: water: \_\_\_\_\_ milk: \_\_\_\_\_ caffeinated beverages: \_\_\_\_\_

How many alcoholic beverages do you drink per week: \_\_\_\_\_ Tobacco: \_\_\_\_\_ Drugs \_\_\_\_\_

How much exercise per week (what kind?) \_\_\_\_\_

What do you do for fun? \_\_\_\_\_

FAMILY MEDICAL HISTORY: (please list any conditions that run in the family, indicate if alive or deceased)

Mother \_\_\_\_\_

Father \_\_\_\_\_

Siblings \_\_\_\_\_

**"REVIEW OF SYMPTOMS"** Check off any of the following symptoms you have/had *recently* experienced:

GENERAL:

HEAD:

\_\_\_ weight change \_\_\_ headaches \_\_\_ eye pain \_\_\_ runny nose \_\_\_ painful teeth  
\_\_\_ tired/weak \_\_\_ glaucoma \_\_\_ hearing loss \_\_\_ stuffy nose \_\_\_ bleeding gums  
\_\_\_ dizzy/fainting \_\_\_ cataracts \_\_\_ noise in ears \_\_\_ nosebleeds \_\_\_ dentures  
\_\_\_ fever/chills \_\_\_ blurry vision \_\_\_ earaches \_\_\_ sore throats \_\_\_ goiter  
\_\_\_ hearing aids \_\_\_ voice change \_\_\_ swollen glands

RESPIRATORY:

\_\_\_ cough \_\_\_ cough with phlegm \_\_\_ cough with blood \_\_\_ wheezing \_\_\_ short of breath

HEART & CIRCULATION:

\_\_\_ high blood pressure \_\_\_ heart races or skips beats \_\_\_ chest pain \_\_\_ short of breath after climbing steps  
\_\_\_ short of breath while laying in bed \_\_\_ legs swell \_\_\_ legs hurt or cramp when walking \_\_\_ varicose veins

**Fees: Initial Assessment/Interview: \$175      Follow-up visit: \$125**

Informed Consent to Treatment and/or Evaluation

I hereby authorize the treatment and/or evaluation of myself (or the above named child) by Dr. Joseph Starkman (or his associate). I have discussed stated goals of treatment and/or evaluation and I understand that I have the right to ask for information regarding diagnosis, goals for treatment, and estimated length of treatment.

I understand that notes/records taken by Dr. Starkman (or his associate) represent personal work product of my physician and as such, remain his sole property. I understand and agree that Dr. Starkman (or his associate) may properly retain such documents in my file according to professional standards. He is not required to release personal notes about my care, since these represent work product, and are not part of the formal medical record. Copies of actual records and/or typewritten reports about my care can be sent out if I provide proper written authorization, and this will be done according to professional standards. There may be a fee for preparing and sending records.

In the event of a life-threatening emergency, I can reach Joseph Starkman D.O. by calling (847) 242-1210 and leaving a message. I also understand that if a life is in imminent danger, I will not wait for Joseph Starkman, D.O. to respond. I will immediately call 911 or go to the nearest emergency room for assistance.

I understand that this agreement becomes part of my medical record, which is accessible to the parties at will, but to no other person without written consent.

\_\_\_\_\_  
Signature of Patient, Parent or Guardian